

HEAD OF THE EAST 2019 COURSE MAP

LEGEND

- Safety Boat
- Race Monitor
- Marshalling Area Marshal
- Bridge
- Start/Finish Lines
- Marshalling Areas

LONG COURSE

2,200m downstream from St Neots Campsite to Crosshall Marina

SHORT COURSE

1,100m downstream from St Neots Rowing Club to Crosshall Marina

CRUISERS & MARINAS

The river remains open to all river traffic on race day, therefore crews must be aware that there may be cruisers or other rivercraft on the course whilst racing is in progress. Although the race monitors will do their best to halt such craft during racing, this cannot be guaranteed. Also, crews must be aware that there are three marinas situated along the race course, which cruisers may appear from at any time. Coxes and steerspersons must be vigilant when passing these marinas.



RIVER NAVIGATION

Normal river navigation rules apply all day to avoid potential collisions with cruisers or other river users – always row with the bank closest to you on your starboard/bow side.

CAUTION: Large red buoys in the water between St Neots Marina and Town Bridge, positioned towards the Eastern bank.

CAUTION: OVERTAKING

The stretch of river between the Long Course Start and the upstream end of St Neots Marina is very narrow. For the safety of competitors, overtaking in this section of the racing course is prohibited. Any crew which overtakes another crew before St Neots Marina will be penalised, or potentially even disqualified (the severity of the penalty will be at the discretion of the Race Committee).

CAUTION: NARROW COURSE – MARSHALLING AREA

The river upstream from Town Bridge is narrow, especially the length of the Long Course Start Marshalling Area. Coxes of eights must be vigilant and take extra care when navigating through the Long Course Start Marshalling Area. Coaches and competitors must ensure they are familiar with the circulation patterns in the *Circulation Instructions* document before embarking on the water.

